

it's
time
for
breakfast

THE SEACROFT

Toasted bloomer or ciabatta (v)

Butter & preserves

Crushed avocado & smoked bacon

Toasted ciabatta, softly poached free-range eggs & chilli flakes

Eggs Benedict

Toasted breakfast muffin, crispy smoked bacon, hollandaise sauce & softly poached free-range eggs

Full Welsh breakfast

Smoked bacon, pork sausage, black pudding, baked beans, sautéed mushrooms, roast tomato & eggs any style

Full vegetarian breakfast (v)

Vegetarian sausages, sautéed mushrooms, roast tomato, avocado & eggs any style

Crispy bacon sandwich

On a toasted ciabatta roll

Pork sausage sandwich

On a toasted ciabatta roll

Traditional porridge oats (v)

Made with hot milk & served with a pot of honey

Pancakes

Choose smoked bacon or seasonal fruits served with warm maple syrup

Smoked salmon & scrambled eggs

On toasted ciabatta

FOOD ALLERGIES AND INTOLERANCES

Before ordering drinks or food, please speak with a member of our staff about your requirements. Whilst we take care to preserve the integrity of our vegetarian (v) products, we must advise that these products are handled in a multi-ingredient kitchen environment. Some fish may contain small bones. All dishes are prepared in areas where allergens are present. Therefore, there is a risk that ingredients used in your meal may have accidentally come into contact with an undeclared allergen, leading to cross contamination. Cooking equipment (e.g. fryers, grills etc.) and food preparation areas may be shared and fried items containing different allergens may be cooked in the same frying oil. Please ask a team member if you would like further information.

(v) - vegetarian (vgn) - vegan (gf) - gluten free